



Step's Foundation, Inc

Retain Your Brain Program
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Cohort A - Zenith + Virtual

Cohort B - Chambers Park + Virtual

Cohort C - Completely Virtual

2022-2023

<u>Month</u>	<u>Date</u>	<u>Day</u>	<u>Description</u>	<u>Cohort</u>
June	8th	Wed	Self-Care Series Week One - In Person	All
	15th	Wed	Self-Care Series Week Two - In Person	All
	22nd	Wed	Self-Care Series Week Three - In Person	All
	29th	Wed	Self-Care Series Week Four - In Person	All
July	6th	Wed	Self-Care Series Week Five - In Person	All
July	13th	Wed	Self-Care Series Week Six - In Person	All
August	15th	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	25th	Thu	Retain Your Brain Peer Support Group AM	A
	25th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	September	15th	Thu	Retain Your Brain Peer Support Group AM
September	15th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	19th	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	29th	Thu	Retain Your Brain Peer Support Group AM	A
	29th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
October	13th	Thu	Retain Your Brain Peer Support Group AM	A
	13th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	17th	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	27th	Thu	Retain Your Brain Peer Support Group AM	A
November	27th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	10th	Thu	Retain Your Brain Peer Support Group AM	A
	10th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	17th	Thu	Retain Your Brain Peer Support Group AM	A
November	17th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	21st	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	21 - 25		HOLIDAY - Thanksgiving Break	
	December	1st	Thu	Retain Your Brain Peer Support Group AM
1st		Thu	Retain Your Brain Peer Support Group PM (4pm)	B
15th		Thu	Retain Your Brain Peer Support Group AM	A
15th		Thu	Retain Your Brain Peer Support Group PM (4pm)	B
19th		Mon	Retain Your Brain Peer Support Virtual (6pm)	C
19-30		HOLIDAY - Christmas Break		
January	1st	Sun	Step's Foundation Scholarships Open	All
	12th	Thu	Retain Your Brain Peer Support Group AM	A
	12th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	16th	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	26th	Thu	Retain Your Brain Peer Support Group AM	A

February	26th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	9th	Thu	Retain Your Brain Peer Support Group AM	A
	9th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	20th	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	23rd	Thu	Retain Your Brain Peer Support Group AM	A
March	23rd	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	9th	Thu	Retain Your Brain Peer Support Group AM	A
	9th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	13-17th		HOLIDAY - SPRING BREAK	All
	20th	Mon	Retain Your Brain Peer Support Virtual (5pm)	C
April	23rd	Thu	Retain Your Brain Peer Support Group AM	A
	23rd	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	13th	Thu	Retain Your Brain Peer Support Group AM	A
	13th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	17th	Mon	Retain Your Brain Peer Support Virtual (6pm)	C
	27th	Thu	Retain Your Brain Peer Support Group AM	A
	27th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	30th	Sun	Step's Foundation Scholarships Closes	All
May	11th	Thu	Retain Your Brain Peer Support Group AM	A
	11th	Thu	Retain Your Brain Peer Support Group PM (4pm)	B
	13th	Sat	Program Graduation (Awards Ceremony)	All
	15th	Mon	Retain Your Brain Peer Support Virtual (6pm)Last Day	C
June	25th	Tue	Retain Your Brain Peer Support Group AM Last Day	A
	25th	Tue	Retain Your Brain Peer Support Group PM (4pm) Last Day	B
	7th	Wed	Self-Care Series Week One - In Person	All
	8th	Thu	Teen Leadership Institute (2023 Program Graduates)	All
	14th	Wed	Self-Care Series Week Two - In Person	All
	21st	Wed	Self-Care Series Week Three - In Person	All
	28th	Wed	Self-Care Series Week Four - In Person	All
	5th	Wed	Self-Care Series Week Five - In Person	All
12th	Wed	Self-Care Series Week Six - In Person	All	